



ŪKAIPŌ

encouraging and supporting strong connections with baby

Support group and education for caregivers of babies and infants

Facilitated by a Breastfeeding Peer Counsellor with invited key guest speakers, and plenty of time for discussion

Free of charge - no registration required - morning tea provided

10am - 12pm Tuesdays

Te Puawaitanga ki Ōtautahi Trust, 153 Gilberthorpes Road, Hornby

Dates for term 4, 2020

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- 13 October - Car Seat Safety
 - 20 October - Healthy Living
 - 27 October - Sleep
 - 3 November - Baby Wearing
 - 10 November - Sign Language
 - 17 November - Te Reo and Waiata
 - 24 November - Newborn First Aid (Max 20)
 - 1 December - Introduction to Solids
 - 8 December - Connection
 - 15 December - Whānau Relationships

For any further information, call us on 0800 66 99 57



Te Puawaitanga
ki Ōtautahi Trust